

# BDSM Activities Negotiation Questionnaire

## by LadyScream

PDF version courtesy of the Fetish Alliance (<http://www.fetishalliance.net>)

### PART ONE: GENERAL QUESTIONS & INFORMATION

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- A. What is your level of experience?
1. Very experienced
  2. Experienced
  3. Limited experience
  4. Beginner
- B. How long have you known of your interests?
1. As long as I can remember
  2. 5 years or more
  3. 1 to 4 years
  4. Less than 1 year
- C. What is your sexual orientation?
1. Heterosexual exclusively
  2. Bisexual
  3. Homosexual
  4. BiCurious
- D. What kind of relationship do you prefer?
1. Long term, live in
  2. Offline, meeting often
  3. Offline, meeting occasionally
  4. Online only
  5. Not sure yet
- E. Main interest
1. Sensual and physical
  2. Psychosexual and mental
  3. Both equally

F. Are you... (rate each from 1 to 10)

- \_\_\_\_\_ Sadistic
- \_\_\_\_\_ Masochistic
- \_\_\_\_\_ Dominant
- \_\_\_\_\_ Submissive

G. Your level of interest in bondage:

1. Total helplessness
2. Light bondage
3. Not my favorite thing
4. Outside my limits
5. Never tried it

H. Pain (what you are, or what you're looking for)

1. Pain slut
2. Whipping, caning, paddling
3. Light paddling, sensual whipping, no marks
4. Punishment only when necessary
5. Interested, but never tried it
6. WAY beyond limits

I. What do you believe the purpose of pain in a session is?

1. Pain is a reward
2. Pain is a punishment
3. For training or correction only
4. Whatever pleases my partner
5. Not sure

J. Sex in a scene, for me is...

1. An absolute must
2. Expected, unless punishment is taking place
3. An enhancement
4. Not necessary or expected
5. Out of the question

K. Which settings are you comfortable playing in?

1. Public play
2. Scene parties
3. Intimate groups of 1 to 3 other couples
4. Three way play
5. One on one

L. Who can know of your activities?

1. No one
2. A very few trusted friends
3. Other scene people
4. Doesn't matter who knows

## PART TWO: INTERESTS, PREFERENCES, LIMITS

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Role Playing: Below are listed several examples of roles to be played by either Dom/me or sub. Please list those which you are interested in, and those you'd like to see your partner play.

Amazon	Baby	Barbarian	Bitch-Goddess
Boss	Burglar	Child	Clergy
Cowboy	Cowgirl	Daddy	Doctor
Evil Priest	Evil Priestess	Femme Fatale	French Maid
God	Goddess	Hooker	Indian
Inquisitor	Interrogator	Hero	Kidnap Victim
Knight	Leatherman	Master	Mentor
Mistress	Mommy	Nun	Nurse
Rapist	Role Reversal	Pet	Pimp
Pirate	Policeman	Ponyboy	Ponygirl
POW	Prince	Princess	Principal
Puppy	Savage	Secretary	Sex Object
Sissy	Slave	Slave Owner	Slut
Student	Suspect	Teacher	Teen
Torturer	Victim	Warrior	Wild Beast

Roles I would like to play:

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Roles I would like my partner to play:

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List any specific fetishes you have (such as foot worship, body types):

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List any medical, physical or emotional concerns (past breaks, sprains, chronic conditions or phobias):

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List your limits here:

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List your concerns about the depth and exclusivity of a relationship:

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List your preferred method of birth control and avoidance of STD's:

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Below are listed several D/s activities. Please rate each of these from 1 to 6 using the following scale:

1. YES!!!
2. Mmmm, I like this
3. Doesn't excite me, but I'll do it for you
4. Intriguing, but scary
5. Embarrassed to admit I want this
6. Absolutely not!!

- |    |                            |    |                             |
|----|----------------------------|----|-----------------------------|
| 1  | _____ Spanking, by Hand    | 69 | _____ Hot Wax               |
| 2  | _____ Leather Paddle       | 70 | _____ Fire and Ice          |
| 3  | _____ Wooden Paddle        | 71 | _____ Needles               |
| 4  | _____ Belt or Strap        | 72 | _____ Cutting               |
| 5  | _____ Switch               | 73 | _____ Abrasions             |
| 6  | _____ Deerskin Cat o' Nine | 74 | _____ Electric Torture      |
| 7  | _____ Leather Cat o' Nine  | 75 | _____ Digital Sex           |
| 8  | _____ Braided Cat o' Nine  | 76 | _____ Directed Masturbation |
| 9  | _____ Knotted Whip         | 77 | _____ Vaginal Sex           |
| 10 | _____ Rubber Whip          | 78 | _____ Oral Sex              |
| 11 | _____ Single Lash          | 79 | _____ Vibrators/Dildoes     |

12	_____ Cane	80	_____ Strap-ons
13	_____ Fiberglass/Plastic Rod	81	_____ Anal Sex
14	_____ Riding Crop	82	_____ Anal Plugs
15	_____ Furlined Paddle	83	_____ Multiple Penetrations
16	_____ Mental Bondage	84	_____ Anilingus
17	_____ Silk Scarves	85	_____ Vaginal fisting
18	_____ Nylon Rope	86	_____ Anal Fisting
19	_____ Cotton Rope	87	_____ Fantasy Rape
20	_____ Chains	88	_____ Directed Bisexuality
21	_____ Leather Bonds	89	_____ Threesomes
22	_____ Spandex Bonds	90	_____ Groups
23	_____ Plastic Wrap	91	_____ Foot Kissing
24	_____ Body Bags	92	_____ Kneeling
25	_____ Steel Shackles	93	_____ Crawling
26	_____ Arm Sleeves	94	_____ Lead on Leash
27	_____ Straight Jackets	95	_____ Dirty Words
28	_____ Breast Bondage	96	_____ Verbal Abuse
29	_____ Genital Bondage	97	_____ Public Embarrassment
30	_____ Gags	98	_____ Face Slapping
31	_____ Leather Cuffs	99	_____ Cross Dressing
32	_____ Infibulation	100	_____ Secret Sex in Public
33	_____ Spreader Bars	101	_____ Public Display
34	_____ Ceiling/Wall Hooks	102	_____ Public Sex
35	_____ Cages	103	_____ Public Whipping
36	_____ Slings/Swings	104	_____ Infantilism
37	_____ Stocks	105	_____ Golden Showers
38	_____ Crosses	106	_____ Enemas
39	_____ Pillory	107	_____ Innocent Dress
40	_____ Suspension, on Toes	108	_____ Slutty Dress
41	_____ Suspension, Full	109	_____ Prim and Proper
42	_____ Outdoor Setting	110	_____ Ultra-Feminine
43	_____ Indoor Setting	111	_____ French Maid
44	_____ Public Setting	112	_____ Child/Baby Roles
45	_____ Semi-public Setting	113	_____ Slave
46	_____ Private Setting	114	_____ Macho
47	_____ 1 to 3 Hours	115	_____ Biker
48	_____ 3 to 6 Hours	116	_____ Leathers
49	_____ Overnight Duration	117	_____ Spandex
50	_____ Blindfolds	118	_____ Rubber/Latex
51	_____ Hoods	119	_____ Masks/Hoods
52	_____ Headphones/Earplugs	120	_____ Costumes
53	_____ Tickling	121	_____ Lingerie
54	_____ Feathers/Fur	122	_____ Garters/Stockings
55	_____ Sexual Teasing	123	_____ Corsets/Cinches

- 56 \_\_\_\_\_ Sexual Denial
- 57 \_\_\_\_\_ Chastity Belt
- 58 \_\_\_\_\_ Pinching
- 59 \_\_\_\_\_ Hair Pulling
- 60 \_\_\_\_\_ Nipple Clamps/Clips
- 61 \_\_\_\_\_ Clothespins
- 62 \_\_\_\_\_ Genital Torture
- 63 \_\_\_\_\_ Weights
- 64 \_\_\_\_\_ Cock Rings
- 65 \_\_\_\_\_ Ball Stretchers
- 66 \_\_\_\_\_ Water Torture
- 67 \_\_\_\_\_ Ice
- 68 \_\_\_\_\_ Oils, Lotions, Spices

- 124 \_\_\_\_\_ Boots
- 125 \_\_\_\_\_ High Heels
- 126 \_\_\_\_\_ Tattooing
- 127 \_\_\_\_\_ Body Piercing
- 128 \_\_\_\_\_ Branding
- 129 \_\_\_\_\_ Maid Service
- 130 \_\_\_\_\_ Shaving
- 131 \_\_\_\_\_ Humiliation
- 132 \_\_\_\_\_ Foot Worship
- 133 \_\_\_\_\_ Exhibitionism
- 134 \_\_\_\_\_ Voyeurism
- 135 \_\_\_\_\_ Hand/Ankle Cuffs

Listed below are 6 parts of the body and 3 categories. Using the following letter codes, rate each as what is acceptable to you:

N = Never

L = Light

? = Unsure

T = Thuddy

M = Medium

S = Stingy

H = Heavy

<u>Part of Body</u>	<u>Bondage</u>	<u>Corporal</u>	<u>Torture</u>
Back/Shoulders	_____	_____	_____
Bottom/Thighs	_____	_____	_____
Breasts/Chest	_____	_____	_____
Genitals	_____	_____	_____
Feet/Ankles	_____	_____	_____
Wrists	_____	_____	_____